

ASTA

The Socio-therapeutic association of Almeida (ASTA) is a non-profit organisation working with people with special needs, offering them a home and a place to work and lead a meaningful life. It was founded in 1998 by Maria José Dinis da Fonseca (the mother of a child with



special needs), who is still the director of the association. The association started in the house of Maria José, who worked with a small group of people with special needs. Soon, this initiative gained support of the social security services of Guarda. This allowed the project to grow significantly and take a place of great social significance in this rural region. Nowadays ASTA develops a number of therapeutic, social and ecological projects that benefit the residents with special needs, as well as the rural community where this project is well embedded.

PETRARCA

The European Academy for the Culture of Landscape - is a platform of dialogue and research for all those interested in the topic of landscape. Every other year, PETRARCA organises a „landscape week“ with the aim of sharing the goethanistic method of landscape observation and design it has developed, and benefitting a particular location/landscape through its week-long intense observation and research work.

The aim of the landscape weeks is to train ones faculties of perception, on the basis of a qualitative and holistic methodology. The development of ones faculties of perception is the foundation for an unprejudiced and conscious relationship to landscape, which is what is necessary for engaging responsibly in developing the cultural landscapes of tomorrow.

The European Landscape Week

In 2014 the European landscape week will take place in a small village in north-east Portugal - Cabreira do Cõa, in the municipality of Almeida. The week will be hosted by ASTA – the socio-therapeutic association of Almeida. During the week, the surrounding rocky landscape with its hills, shrubs, the village Cabreira and the river Cõa will be the focus of our attention and care. Through observation and artistic exercises we will connect to the landscape and develop guiding motifs for its future development, working together in small thematic workshops.

The landscape week ends with a presentation of the results to the public, open lectures and a festive evening on Saturday the 26th. A book with the methodology and main results will be published in the aftermath of the landscape week.

General Informations:


ASTA-
Associação Sócio Terapêutica
de Almeida
Alto da Fonte Salgueira
6355-030 Cabreira
Tel. ++351 / 271 581 562
Fax: ++351 / 271 581 756
info@asterapeutica.com


PETRARCA
European Academy
for the Culture of Landscape
Hilschbacherstrasse 36
66292 Riegelsberg
Tel. ++49 / 6806 3082038
Fax: ++49 / 6806 9828677
info@PETRARCA.info

Costs:

Participation fee € 400,00
Meals and accommodation costs are included in this fee.

Language: Portuguese / English (German, French)

Registration:

For participation in this week please fill out the registration form below.



How to get there?

By Airplan/Train/Bus:

The nearest airports are in Porto and Lisbon
The nearest Railway station is Guarda
There are also coaches running from Porto /Lisbon to Guarda.

By car:

Alto da Fonte Salgueira 6355-030 Cabreira do Cõa, Almeida.
GPS: 40.5714,-7.0113

Workshops:

1. Reflecting on the design of ASTA – the “Fonte Salgueira
2. The project of “the Fonte” – a space for the future
3. Development of sustainable agriculture in Cabreira
4. Social Farming and Education for humans and nature
5. Local development strategies
6. Water management – dialogue between traditional and modern
7. Therapeutical niches – spaces of silence


PETRARCA
European Academy for the Culture of Landscape


Associação Sócio-Terapêutica
de Almeida
IPSS

European Landscape week

“A landscape waiting for our attention...”

21st – 27th of April 2014

ASTA - Associação Sócio Terapêutica de Almeida
Cabreira do Cõa, Almeida - Portugal



“A living landscape can only evolve where people commit themselves actively with their social and physical environment. In this respect it is essential to start from the personal connection with the world and to build a conscious relationship with the coherences in nature and landscape.”



"A landscape waiting for our attention..."

– Landscape week - 21st – 27th of April 2014

	Monday 21 April	Tuesday 22 April	Wednesday 23 April	Thursday 24 April	Friday 25 April	Saturday 26 April	Sunday 27 April
8:00		Breakfast					
09:00		Singing Methodological introduction and observation exercises	Singing Methodological introduction and observation exercises	Excursion: The regional context and the surroundings of Cabreira	Singing Methodological introduction and observation exercises	Singing Methodological introduction and observation exercises	Departure
10:00		Working together on the grounds of ASTA and its surroundings	Workshops		Workshops	Workshops (preparing for the public presentation)	
11:00	Arrival and registration of the participants	break			break		
12:15		Working together (cont.)	Workshops		Workshops	Workshops (preparing for the public presentation)	
12:30	Lunch			Picnic	Lunch		
14:00	Opening Presentation by ASTA and PETRARCA	... break / eurhythmy			... break / eurhythmy		
15:00		Working together (cont.)	Workshops		Workshops	Public presentation of the results: Talks Presentation of the results from the workshops Closure	
16:00	Walk – your first impression of the landscape		break		break		
17:30							World café
18:00							
19:00- 19:30	Common ending of the working day						
20:00	Dinner				Dinner		
21:00 – 22:00	Reception by the Municipality of Ameida	Talk: ASTA's history	Talk: The cultural history of the local landscape			Farewell party	

Registration

European Landscape week

21st – 27th of April 2014

ASTA – Associação Sócio Terapêutica de Almeida – IPSS

NAME: _____ SURNAME: _____
STREET: _____ NR. _____
POSTCODE: _____ PLACE: _____
TELEPHONE: _____ / _____
E-MAIL: _____ PROFESSION: _____

...wishes to participate in the PETRARCA- Landscape week. The participation fee (400 €, including accommodation and meals) has already been transferred to the following bank account.

ASTA Associação Sócio Terapêutica de Almeida:

IBAN: PT50 0007 0000 0014 3741 5852 3 **SWIF/BIC:** BESCPTPL

Please make a cross

I'll come by airplane/train/bus and need to be picked up in Guarda.

I'll come by car

Languages spoken: _____

Date, Signature

Please submit the registration form before **14th of April** to:

Secretariado da Semana Europeia da Paisagem 2014
Associação Sócio Terapêutica de Almeida
Alto da Fonte Salgueira 6355-030 Cabreira – Portugal
Tel: 271581562; Fax: 271581756
semanaPETRARCA.asta@gmail.com

Please note: This registration will be confirmed by E-Mail after reception of the participation fee.

Workshops	Please make your preferred choice
1. Reflecting on the design of ASTA – the “Fonte Salgueira	
2. The project of “the Fonte” – a space for the future	
3. Development of sustainable agriculture in Cabriera	
4. Social Farming and Education for humans and nature	
5. Local development strategies	
6. Water management – dialogue between traditional and modern	
7. Therapeutical niches – spaces of silence	

Workshops

Workshop 1: Reflecting on the design of ASTA – the “Fonte Salgueira”

Alain Findeli, Bert ten Brink

To acquire confidence in the confrontation of the landscape with the human settlement we will approach the landscape through four steps of observation and involvement: physical environment – movement/atmosphere – feeling/soul – impulse/identity

Workshop 2: The project of “the Fonte” – a space for the future

Hermann Seiberth, Fritz Wessling

How do I meet the landscapes of Almeida? With what senses do I perceive it? With what intentions? What do I myself contribute, in terms of past experience, ideals and assumptions, to shape my perception of the landscape? We will explore the rhythms of outer experience and inner awareness in the quest to draw near to the „spirit of the place“. We practice expressing the qualities and characteristics of the landscape and to sense its needs. The reflection on our meeting with the landscape and our meetings with the people who live in it and are active in shaping it, will lead to finding guiding ideas for the future development of this space.

Workshop 3: Development of sustainable agriculture in Cabreira

Jean Michel Florin, Ambra Sedlmayr

To find impulses for the future development of agriculture in Cabreira, we set out sensing and observing the landscape. We try to approach the *genius loci*, the unique identity of the place. What do people wish to do? What are their needs, intentions and expectations concerning this landscape? We use artistic activities to sense what comes from the future that wants to be manifested in this landscape. In this way we develop guiding motives for a locally adapted sustainable agriculture.

Workshop 4: Social Farming for humans and nature

Thomas van Elsen, Ana Firmino

Social farming for humans and nature: How can the impulse of farming having healing qualities for man be linked or enlarged with the impulse of farming approaches having a healing quality on nature and landscape? How can social farming be developed that it creates a surplus value for nature and landscape? How can ASTA develop a farm that links the history and the biography of the landscape, i.e. its irrigation systems and the impulse to develop a productive bio-dynamic farm with its social approach? What is meant by dealing “socially” with nature – minerals, plants and animals? Which tasks of development exist, and where are concrete approaches of implementation to be found? The starting point will be to perceive the landscape under the aspect of nature and its beings in history, at present and in the future. Which relations can be discovered, and which aspects can be identified for the future development?

Workshop 5: Local development strategies

Bas Pedroli, Aleixo Simões

To identify the human dimension of the area around ASTA, we will exercise a landscape character approach. Involving local inhabitants, this will reveal which qualities could be more pronounced, which steps to be taken for integrated future development. This will in the same time allow to answer the question how many people can this landscape offer hospitality, and where?

Workshop 6: Water management – dialogue between traditional and modern

Laurens Bockemühl, Tanja Plümer, Eelco Schaap

To answer essential questions of water scarcity and surplus, we will study water in all its appearances in the Cabreira landscape. Which role does water play for the nature of this landscape? How can we find an inner relationship to the landscape through the water as an element? And how can this all lead to an increased awareness of the interplay of essential driving forces, that may also be beneficial for people in need of a wholesome environment.

Workshop 7: Therapeutic niches – spaces of silence

Holger Coers, Annejet Rümke, Laila Holwerda, José Abreu

Rocks in the Landscape – Landscape of Rocks. In dialogue with the ‘silent’ figures we will explore how they characterise the living landscape and which consequences this has for our human existence. Using various artistic and meditative experiences we will identify the various spaces and places, shelters and exposures that the rocks offer, with their respective healing influences